



Date:

Hereditary Angioedema Patient Androgen Side Effect Tracker

This tracker has been developed for patients with hereditary angioedema (HAE) using androgens for prophylaxis. It is designed to help you track any side effects you experience when taking androgen treatment, to help you discuss your current treatment and other treatment options with your doctor. You can complete this tracker before your next appointment and take it with you to discuss with your doctor.

If you are worried about any of these side effects, please contact your healthcare team.

Guidance for use: **1)** If you have experienced a side effect, tick the corresponding box **2)** Take this checklist to your next appointment

Category	Condition	Tick
Previous medical history: Have you ever experienced one of the following?	Blood clot	
	Heart attack	
	Stroke	
	Increase in pressure of fluid surrounding the brain	
Category	Side effect	Tick
Blood	Changes in blood sugar if you are diabetic. Even if you are not diabetic, feeling dizzy, sweaty, tired, or experiencing shaking or heart palpitations could be a sign of low blood sugar	
	High blood pressure , or worsening if pre-existing high blood pressure condition	
Brain	Dizziness , a feeling like you are spinning (vertigo)	
	Feeling tired or experiencing mood changes	
	Headaches , which may be severe (migraine)	
	Worsening fits (epilepsy) or development of epilepsy	
Eyesight	Changes in eyesight such as blurred vision, difficulty in focusing and/or wearing contact lenses	
Heart	Racing heart or irregular heartbeat	
Hormones	Flushing, vaginal dryness/irritation or reduction in breast size	
	Menstrual changes , such as irregular periods, spotting or loss of periods	

Category	Side effect	Tick
Hormones	Voice changes such as hoarseness or a sore throat, growth of facial or body hair, muscle development, or enlarged clitoris (part of the female sex organs)	
	Weight gain, development of acne or greasy skin, increased hair loss	
Liver	Liver problems , which may cause yellowing of the skin or whites of the eyes, dark urine, pale stools	
	Pain in the liver or liver failure , which may cause a swollen abdomen, mental disorientation and confusion	
Muscles/joints	Back ache, severe muscle cramps, muscle tremors or twitches, muscle or joint pain/swelling	
	Numbness/pain in the arms or legs	
	Numbness/weakness of the face or limbs	
Skin/swelling	Pain or tightness in the chest, jaw or arm	
	Allergic reactions , which may include signs such as skin rash, sudden swelling of the face, lips, tongue and/or throat	
	Changes in skin such as colour changes (pigmentation), flaking, peeling, red skin, or unusual bruising/bleeding under the skin, which may be seen as purple spots	
Stomach/gastrointestinal	Sensitivity of the skin to sunlight (rare)	
	Feeling sick (nausea)	

Notes:

Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard.

The above side effects were selected for this tracker due to a greater prevalence observed during a Takeda literature review.

Please refer to the [UK danazol patient information leaflet](#) for more information on side effects.

This material is intended for patients with HAE only. September 2024 | C-ANPROM/GB/RDG/0258